



T H E  
*SPA*



RANCHO VALENCIA

*MENU*

## FACIAL THERAPIES

### CITRUS APPEAL

This antioxidant treatment relieves sun damaged skin & helps alleviate signs of premature aging. 100% pure Vitamin C stimulates collagen production and renews skin's firmness.

**75 minutes | \$220**

### VALENCIA DIAMOND LIFT

Indulge in a genuine multisensory cosmetic lift that provides instant rejuvenation & clarity. A luxurious treatment exclusive to Rancho Valencia.

**90 minutes | \$325**

### THE CURE

A deep cleansing facial with cutting-edge enzymatic detoxification. Steam helps to open, purify & soften skin and the treatment is completed by a meticulous extraction process.

**75 minutes | \$220**

### GENTLEMAN'S FACIAL

Relax & refresh with a deep cleansing treatment designed for the unique needs of our male clients. Includes a revitalizing neck, shoulder & scalp massage to relieve stress. *Please kindly refrain from shaving 24 hours prior to the facial.*

**60 minutes | \$185**

**90 minutes | \$250**

### WHITE DIAMOND

An illuminating diamond facial that diminishes the appearance of hyperpigmentation while leaving the skin with a flawless, radiant glow.

**60 minutes | \$200**

### SIGNATURE FACIAL

Let us design a tailored treatment just for you. A combination of effective facial techniques & exfoliation bring luminosity to the skin as you luxuriate.

**60 minutes | \$185**

**90 minutes | \$250**

### WILD RADIANCE

WILDCRAFTED • ORGANIC

This custom facial is both luxurious and results-oriented. Skin is radiantly regenerated with a skin-softening honey & goji-berry mask followed by a refining polish. An herbal mask balances the skin in preparation for nourishing peptide serums and Vitamin C for a toned, dewy complexion.

**60 minutes | \$190**

**90 minutes**

**with Hand & Foot Treatment | \$260**

### RENEWAL FACIAL SERIES

*Awaken your skin with a transformative series of facials hand-tailored for you.*

Experience cumulative results with a 6 week program. Beginning with an initial skin consultation and a 90 minute facial, the series continues with five 60 minute facials. All sessions will include both NuFace<sup>®</sup> and G3 Peel treatments. A lifestyle program for your skin, this series will provide you with knowledge and a custom toolkit to support your skin's continued health.

**\$995 for 6 sessions**

**Includes a \$200 retail credit**

## FACIAL BOOSTERS

### G3 PEEL

A three phase glycolic treatment that encompasses a multi-active exfoliation system.

**15 minutes | \$60**

### LIFT + TONE

A microcurrent boost that increases muscle firmness and produces an immediate lifting effect.

**30 minutes | \$60**

### PUFF-BE-GONE

A dramatically effective treatment that utilizes high concentrations of seaweed to help reduce eye puffiness & diminish dark circles.

**15 minutes | \$30**

### WOW BROW

Give tired eyes a lift! Change the position of the arch with microcurrent technology to open the eyes and create a more lifted, youthful & refreshed look.

**15 minutes | \$30**

### EYELASH EXTENSIONS

**60 minutes | \$195**

### EYELASH EXTENSION FILLERS

**45 minutes | \$110**

WAXING AVAILABLE UPON REQUEST

## BODY THERAPIES

### C+C SCRUB

This sensory citrus experience polishes the skin with highly effective and natural exfoliating agents. Vitamin C, green tea, & rosehip oil help eliminate dead cells and provide the skin with a soft, luminous appearance.

**60 minutes | \$185**

### COCONUT CUCUMBER SOOTHER

WILDCRAFTED • ORGANIC

Calm, cool and heal the skin with a face and body mask of coconut cream blended with cucumber & rose distillates as the palms and the soles of the feet are massaged with polished quartz crystal stones. A healing serum, followed by a protective antioxidant body oil, continues the repair process.

**60 minutes | \$185**

### NOURISHING CITRUS DRENCH

Immerse your skin in energizing nutrients. An exfoliating wrap & application of nourishing body cream with concentrated ascorbic acid & Shea butter protects the skin from dryness & premature aging.

**90 minutes | \$275**

### SIXTH SENSE

Treat your five senses & the sixth will follow. Our signature body ritual begins with a bath soak to relax the body and mind. Treat yourself to a massage of your choice including harmonizing scalp therapy and a hand & foot Shea butter treatment to soften the skin.

**120 minutes | \$325**

### CITRUS SUPREME

Drench your skin with an intensely hydrating, firming citrus ritual for the face & body. Beginning with a gentle exfoliation, you will then be cocooned in a citrus soufflé mask followed by a cream application. The ritual ends with an antioxidant facial for a perfectly soothing, serene spa experience.

**135 minutes | \$425**

## ELEMENTAL WELLNESS

*Bespoke blends crafted with organic herbs and oils, seaweed & clay form a perfectly custom treatment. These harmonizing ingredients combine with nurturing therapies to promote vitality, purification & long-term wellness.*

### ELEMENTAL MASSAGE

A soothing, mineral rich aromatic balm coupled with subtle, therapeutic movement serves as the alchemic medium in a massage designed to nurture and rejuvenate both mind & body.

**90 minutes | \$265**

### THE RESTORATION

This vichy treatment is perfect for athletes in need of a little R&R. As soothing as it is energizing, this ultra therapeutic experience of nature's healing elements combines the cleansing power of water with regenerative marine minerals to accelerate post-activity recovery.

**90 minutes | \$275**

### VITALITY RITUAL

This stimulating therapy begins with a dry skin brushing & cleansing wash to prepare the body for absorption. A nourishing, mineral-rich body wrap fortifies the skin while a head massage and breathing meditation relaxes the mind. Finally, slip into an aromatic bath soak to cleanse & refresh. This unique treatment leaves you feeling invigorated and purified from head to toe.

**90 minutes | \$275**

### WELLBEING RITUAL

Immerse the body in complete and total wellbeing with this signature ritual. Begin by relaxing with a restorative, aromatic soak. A body wrap follows, infused with a custom blend of minerals and algae to detoxify and remineralize the skin. The treatment culminates with a guided meditation & facial massage.

**90 minutes | \$275**

## MASSAGE

### DEEP STONE

A relaxing massage using heated stones to help penetrate & release tension while offering deep body release.

**90 minutes | \$265**

**120 minutes | \$340**

### DEEP TISSUE

Slow strokes & focused pressure reach deep into muscles while releasing tension.

**60 minutes | \$175**

**90 minutes | \$250**

### THE VALENCIA SIGNATURE

A customized massage crafted according to your individual preferences & focused needs.

**60 minutes | \$175**

**90 minutes | \$250**

**120 minutes | \$325**

### DUET

Spent time together while enjoying a side-by-side massage in one of our beautiful duet rooms. Customize your experience by requesting your preference of Relaxation, Deep Tissue or Deep Stone Massage.

**60 minutes | \$350**

**90 minutes | \$500**

**120 minutes | \$650**

### TRANQUIL THAI

Rhythmic pressure & deep stretching to the body using forearms, palms, fingers and feet.

**90 minutes | \$265**

**120 minutes | \$340**

### MANUAL LYMPHATIC DRAINAGE

Alleviate stress, accelerate healing, & reduce inflammation pain while boosting your immunity. Manual Lymph Drainage (MLD) is applied rhythmic motion in the direction of the lymphatic flow which enhances the elimination of toxins.

**60 minutes | \$185**

**90 minutes | \$260**

### THE FOCUSED FIVE

A treatment focused on reflexology for the hands & feet and a massage for the head, neck and shoulders.

**60 minutes | \$175**

### MOMMY-TO-BE

Soothing & restorative prenatal massage using pillows to provide full relaxation and comfort. Available after the second trimester (13 weeks).

**60 minutes | \$175**

### SPORTS

Stretching, joint compression & brisk massage techniques are employed to alleviate aches and pain of overworked muscles while improving performance.

**60 minutes | \$175**

**90 minutes | \$250**

**120 minutes | \$325**

### SUITEST MESSAGE

Guests of the resort may enjoy a Deep Tissue or Valencia Signature Massage in the privacy of their casita.

**\$50 fee + Price of Massage**

## MASSAGE BOOSTERS

### BATH SOAK

30 minutes | \$95

### C+C SCRUB

30 minutes | \$95

### FOOT SOAK

15 minutes | \$40

### HAND & FOOT REFLEXOLOGY

30 minutes | \$95

### SCALP MASSAGE

15 minutes | \$40

## PACKAGES

All packages include access to the spa pool, a full schedule of fitness classes including Pilates, yoga and spin, the hydrotherapy circuit, as well as sauna and steam rooms.

Available Monday through Thursday.

### PAMPER ME

The ultimate Rancho Valencia experience featuring our favorite citrus treatments.

C+C Scrub (60 min)  
Valencia Manicure + Pedicure (105 min)  
Lunch at The Spa (\$30 credit)  
Glass of Cava

**\$310**

### THE CLASSICS

Treat yourself to our signature spa offerings.

Valencia Signature Massage (60 min)  
Signature Facial (60 min)  
Lunch at The Spa (\$30 credit)

**\$330**

### THE ORGANICS

WILDCRAFTED, ORGANIC

Where the purest organic treatments meet California-inspired luxury.

Coconut Cucumber Soother (60 min)  
Wild Radiance Facial (60 min)  
Hand + Foot Nirvana (105 min)

**\$465**

### YOU HAD ME AT SPA DAY

The perfect package for a group of friends. Enjoy a day spent poolside combined with treatments at The Spa. *Minimum of 4 guests required.*

Bath Soak (30 min)  
Choice of Signature Massage or Facial (60 min)  
Lunch at The Spa (\$30 credit)  
Glass of Cava  
15% off of Spa Boutique Purchases

**\$260 per person**

### MIDDAY RENDEZVOUS

A sublime experience for two in a private casita.

C+C Body Scrub  
Couples Massage  
Bath Soak  
Crudit  & Caviar

**3.5 hours | \$1,200 for two spa guests**

**3.5 hours | \$800 for two resort guests**



## COUPLES EXPERIENCES

### LOVERS RITUAL

The experience begins with a romantic couples bath, a warm sun bake incorporating essential oils & clay and a refreshing rinse. Followed by a private massage of your choice, this spa ritual is designed to bring couples closer together.

**120 minutes | \$650**

## FOR THE HANDS & FEET

### FRESHLY SQUEEZED

A signature Rancho Valencia manicure and pedicure. Drench your skin with an intensely hydrating, firming C+C ritual for the hands & feet. Beginning with a mandarin exfoliation, followed by citrus soufflé mask and finished with a cream application.

**120 minutes | \$200**

### HAND + FOOT NIRVANA WILDCRAFTED + ORGANIC

Simply euphoric. After soaking your hands & feet in a calming bath of organic alpine herbs, essential oils, aloe and coconut crème, the arms & legs are luxuriously scrubbed and exfoliated with Shea butter blended with fine mineral salts. An antioxidant-rich, honey and Himalayan goji berry mask is applied to both hands and feet. Relaxation deepens with a scalp, neck and shoulder massage. Lastly, the fingers & toes are manicured and polished.

**105 minutes | \$175**

### THE SENSUAL PLUNGE

An intimate treatment for two beginning with a fragrant citrus & flower petal-infused soak. This indulgent experience culminates with a restorative couples massage.

**90 minutes | \$425**

**120 minutes | \$575**

### SHELLAC MANICURE

A perfecting manicure that includes a soak, trim, buff, exfoliation & hydrating cream application. Finished with our 14 day nail color of choice.

**75 minutes | \$100**

**SHELLAC REMOVAL | 15 minutes | \$25**

### VALENCIA MANICURE

Indulge your hands with a soak, trim, buff & hydrating cream application. Select the polish of your choice.

**45 minutes | \$60**

**FOR THE GENTS | 30 minutes | \$50**

### VALENCIA PEDICURE

Treat your feet with a soak, trim, buff, exfoliation & hydrating cream application. Choose the polish of your choice.

**60 minutes | \$90**

**FOR THE GENTS | 45 minutes | \$75**

## SPA FITNESS

*Our program has been designed to complement our spa services and an active lifestyle, including a variety of disciplines and opportunities to stay fit while on property. All classes are complimentary for our resort & spa guests. Spa memberships are available.*

### YOGA

Experience the pleasure of a yoga session designed to improve your health, strength & flexibility in our Serenity Yoga Pavilion. A variety of daily teachings take place with morning sessions culminating in a cold-pressed Wellness Journey juice. Visit our event calendar for upcoming workshops ranging from Yoga Nidra to Healing Yoga.

### PILATES

For all fitness levels, Pilates has been known to improve range of motion, flexibility, circulation, posture & abdominal strength, as well as decrease back, neck & joint pain. Be sure to reserve your spot for Pilates classes as space is limited. We kindly ask that Pilates class cancellations be made no later than 24 hours prior to the scheduled class time. Late cancellations will result in a \$30 late fee.

### SPIN & TRX

Spinning elevates the heart rate by combining cardiovascular training with resistance training to effectively burn calories & fat. Through the use of a stationary bike, it also offers a low-impact workout that minimizes stress to the joints and bones.

[VIEW OUR MONTHLY FITNESS SCHEDULE BY VISITING RANCHOVALENCIASPA.COM](http://RANCHOVALENCIASPA.COM)

## A LA CARTE FITNESS

60 minute sessions.

### PERSONAL TRAINING

**SEMI-PRIVATE** | \$75 per person  
**PRIVATE** | \$120

### YOGA

**SEMI-PRIVATE** | \$75 per person  
**PRIVATE** | \$130  
**PRIVATE GROUP CLASS** | \$225

### PILATES

**SEMI-PRIVATE** | \$75 per person  
**PRIVATE** | \$120

### MEDITATION

**SEMI-PRIVATE** | \$75 per person  
**PRIVATE** | \$130  
**PRIVATE GROUP CLASS** | \$225

## THE BASICS

### IN ROOM SERVICES

Be pampered in the comfort of your casita with a Deep Tissue or Valencia Signature Massage.

### RESERVATIONS

To reach our spa concierge:

PHONE: 858.759.6490

EMAIL: [spareservations@ranchovalencia.com](mailto:spareservations@ranchovalencia.com)

WEB: [ranchovalencia.com/spareservations](http://ranchovalencia.com/spareservations)

### MINIMUM AGE REQUIREMENTS

Guests must be 16 years of age or older to receive massage & facial treatments, 14 years of age or older to receive nail treatments & 18 years of age or older to use the Fitness Center, spa pool, plunge pools, steam & sauna rooms.

### CANCELLATIONS

We kindly ask that cancellations & appointment changes be made by 7:00pm the day prior to your scheduled service(s) to avoid being charged in full. Cancellation policy may vary based on availability for group bookings.

### CHECK-IN

Please arrive a minimum of 30 minutes prior to your appointment start time & enjoy the pleasures of our spa facilities.

### LATE ARRIVALS

Please note that your late arrival will determine the length of your treatment. Your service will end on time so the next guest is not delayed. Thank you for your understanding.

### BATHING SUIT POLICY

Our pools, steam & sauna are co-ed so be sure to bring your swimsuit!

### CELL PHONES

To preserve the relaxing environment of The Spa, we request that you refrain from using your cell phone.

### GIFT CARDS

Spa gift cards are available at the resort and through Guest Services.

### GRATUITIES

Gratuities may be left at your discretion in appreciation for exceptional service. A 20% gratuity is customary.



RANCHO VALENCIA  
resort & spa



SPA 858.759.6490 • RANCHOVALENCIASPA.COM  
SPARESERVATIONS@RANCHOVALENCIA.COM

5921 VALENCIA CIRCLE (P.O. BOX 9126) RANCHO SANTA FE, CA 92067