



## RANCHO VALENCIA RITUALS

### CITRUS SUPREME

Drench your skin with an intensely hydrating, firming C+C ritual for the face and body. Beginning with a mandarin exfoliation, you will then be cocooned in a citrus soufflé mask & cream application. The ritual ends with an antioxidant facial for a perfectly soothing, serene spa experience.

**135 minutes | \$425**

### SIXTH SENSE

Treat your five senses & the sixth will follow. Our signature body ritual begins with a bath soak to relax the body and mind. Treat yourself to a massage of your choice including a harmonizing scalp therapy and hand & foot paraffin treatment to soften the skin.

**120 minutes | \$325**

### THE VALENCIA VICHY

This unique treatment is the ultimate experience in water therapy. Start with our vitamin C polish to regenerate and exfoliate the skin. A rejuvenating Vichy steam & shower massage combined with our amazing body balm takes you to the pinnacle of relaxation.

**75 minutes | \$225**

## COUPLES EXPERIENCES

### LOVERS RITUAL

A spa ritual designed to bring couples closer together. We begin with a private application of essential oils & clay for two. The experience continues with a warm sun bake & refreshing rinse followed by a romantic couples bath & the massage of your choice.

**120 minutes | \$650**

### THE SENSUAL PLUNGE

An intimate treatment for two beginning with a fragrant citrus & rose petal-infused soak. This indulgent experience culminates with a restorative couples massage.

**90 minutes | \$425**

**120 minutes | \$575**

## FACIAL THERAPIES

### CITRUS-A-PEEL

This antioxidant treatment relieves sun damaged skin and helps alleviate signs of premature aging. 100% pure Vitamin C stimulates collagen production and renews skins firmness.

**75 minutes | \$220**

### THE VALENCIA DIAMOND LIFT

This luxurious, exclusive treatment is the precious jewel of Rancho Valencia. Indulge in a genuine multisensory cosmetic lift that provides instant rejuvenation and clarity.

**90 minutes | \$325**

### INNER GLOW

This Inhibit Collection facial dramatically reduces lines and wrinkles using a Sono lifting massage. This is a non-invasive wrinkle relaxing solution and an effective alternative to microinjections.

**90 minutes | \$300**

### WHITE DIAMOND

This illuminating diamond facial diminishes the appearance of hyperpigmentation while leaving the skin with a flawless, radiant glow.

**60 minutes | \$200**

### THE CURE

A deep cleansing facial with cutting-edge enzymatic detoxification. Steam helps to open, purify and soften the skin. The treatment is completed by a meticulous extraction process.

**75 minutes | \$220**

**FOR THE GENTS | 60 minutes | \$185**

### RV SIGNATURE FACIAL

Let us design a tailored treatment just for you. A combination of effective facial techniques & exfoliation bring luminosity to the skin as you luxuriate during the treatment.

**60 minutes | \$185**

**90 minutes | \$250**

## ORGANIC ORIGINS

### ORGANIC REJUVENATION

The ultimate organic restorative facial. A specialized anti-aging treatment with aroma point stimulating technique to boost firmness & revitalize your skin's tone & texture.

**60 minutes | \$200**

**90 minutes | \$300**

### THE FOUNTAIN OF YOUTH

Purify your skin with organic, wildcrafted blue lotus & rejuvenating cocoa bean. A special blend of algae extracts and green & white clay deeply cleanses & purifies the skin. Organic Murumuru butter restores youthful elasticity with lasting moisture, leaving your skin fresh & glowing.

**90 minutes | \$250**

### BALANCING BACK TREATMENT

Restore balance, clarity and radiance to your skin. Treat your back to deep cleansing and exfoliation to eliminate impurities, then nourish the skin with the perfect balance of hydration.

**60 minutes | \$185**

## FACIAL ENHANCEMENTS

### G3 PEEL

A three phase glycolic treatment that encompasses a multi-active exfoliation system.

**15 minutes | \$60**

### CATIO VITAL

A microcurrent boost that increases muscle firmness and produces an immediate lifting effect.

**30 minutes | \$60**

### PUFF-BE-GONE

A dramatically effective treatment that utilizes high concentrations of seaweed to help reduce puffiness and diminish dark circles.

**15 minutes | \$30**

**WAXING AVAILABLE UPON REQUEST**

## BODY THERAPIES

### NOURISHING CITRUS DRENCH

Immerse your skin in energizing nutrients. An exfoliation, wrap & application of nourishing body cream with concentrated ascorbic acid and Shea butter protects the skin from dryness & premature aging.

**75 minutes | \$225**

### SIGNATURE BODY SCULPTING

Enhance your shape with a choice of three different treatments based on your specific needs and desires: slimming, lifting or contouring. This personalized treatment includes a bamboo exfoliation followed by an intense hydrating body mask.

**90 minutes | \$275**

### DIAMOND DUST RITUAL

This indulgent ritual begins with a luxurious exfoliation of diamond dust which is then removed with Neodymium magnets. The experience purifies both body & mind to help eliminate effects of pollution and stress caused by daily life.

**90 minutes | \$325**

### C+C SCRUB

This protective treatment polishes the skin with highly effective and natural exfoliating agents. Vitamin C, green tea, & rosehip oil help eliminate dead cells and provide the skin with a soft, luminous appearance.

**45 minutes | \$125**

### HERBAL SEA WRAP

Regenerate, oxygenate and clarify your skin with sun-dried green clay and coastal spirulina for firmer, smoother skin. We lightly exfoliate the skin, apply the clay wrap, and end with a detoxifying body butter application. A soothing scalp treatment is also included.

**75 minutes | \$225**

## MASSAGE

### THE VALENCIA SIGNATURE

A customized massage crafted according to your individual preferences and focused needs.

**60 minutes | \$175**

**90 minutes | \$250**

### DEEP TISSUE

Slow strokes and focused pressure reach deep into muscles while releasing tension.

**60 minutes | \$175**

**90 minutes | \$250**

### SPORTS

Stretching, joint compression and brisk massage techniques are employed to alleviate aches and pain of overworked muscles while improving performance.

**60 minutes | \$175**

**90 minutes | \$250**

### QUIROGOLF MASSAGE

An exclusive deep body massage performed with golf balls. Using maneuvers based on four pillars that act on synergy to relax and warm the muscles, this massage treats individual sections and improves flexibility.

**60 minutes | \$175**

**90 minutes | \$250**

### DEEP STONE

A relaxing massage using heated stones to help penetrate and release tension while offering deep body release.

**90 minutes | \$265**

**120 minutes | \$340**

### MOMMY-TO-BE

Soothing and restorative prenatal massage using pillows to provide full relaxation and comfort. Available after the second trimester (13 weeks).

**60 minutes | \$175**

### THE FOCUSED FIVE

A treatment focused on reflexology for the hands & feet and a massage for the head, neck and shoulders.

**60 minutes | \$175**

### MANUAL LYMPHATIC DRAINAGE

Alleviate body stress, accelerate healing, and reduce inflammation pain while boosting your immunity. Manual Lymph Drainage (MLD) is applied rhythmic motion in the direction of the lymphatic flow which enhances the elimination of toxins.

**60 minutes | \$185**

**90 minutes | \$260**

### TRANQUIL THAI

Rhythmic pressure & deep stretching to the body using forearms, palms, fingers & feet.

**90 minutes | \$265**

**120 minutes | \$340**

### WATSU

A unique style of aquatic bodywork with light pressure, stretching, and supported floatation in a warm water pool. This treatment is deeply nurturing and promotes profound healing. Swim attire is required.

**60 minutes | \$175**

**90 minutes | \$250**

## MASSAGE ENHANCEMENTS

### BATH SOAK

**30 minutes | \$80**

### HAND & FOOT REFLEXOLOGY

**30 minutes | \$95**

### VICHY CLEANSE

**30 minutes | \$95**

### C + C SCRUB

**30 minutes | \$95**

### SCALP MASSAGE

**15 minutes | \$40**

### FOOT SOAK

**15 minutes | \$40**

## FOR THE HANDS & FEET

### FRESHLY SQUEEZED!

A signature Rancho Valencia manicure & pedicure. Drench your skin with an intensely hydrating, firming C+C ritual for the hands and feet. Beginning with a mandarin exfoliation, followed by citrus soufflé mask and finished with a cream application.

**120 minutes | \$200**

### DIAMOND DUST MANICURE & PEDICURE

This indulgent ritual begins with a luxurious exfoliation of diamond dust which is then removed with Neodymium magnets. An experience that purifies your hands & feet while looking fabulous.

**120 minutes | \$200**

### SHELLAC MANICURE

A perfecting manicure that includes a soak, trim, buff, exfoliation & hydrating cream application. Finished with our 14 day nail color of choice.

**75 minutes | \$100**

**SHELLAC REMOVAL | 15 minutes | \$25**

### VALENCIA MANICURE

Indulge your hands with a soak, trim, buff & hydrating cream application, select from an organic or regular polish of choice.

**45 minutes | \$60**

**FOR THE GENTS | 30 minutes | \$50**

### VALENCIA PEDICURE

Treat your feet with a soak, trim, buff, exfoliation & hydrating cream application. Choose from an organic or regular polish.

**60 minutes | \$90**

**FOR THE GENTS | 45 minutes | \$75**

## A LA CARTE HAIR & MAKE UP

### GENERAL APPLICATION OR TRIAL MAKEUP

**60 minutes | \$135**

### GENERAL OR TRIAL HAIR SERVICE

**60 minutes | starting at \$135**

### HAIR BLOWOUT

**60 minutes | starting at \$75**

### BRIDAL HAIR & MAKEUP

**120 minutes | starting at \$300**

### EYELASH EXTENSIONS

**60 minutes | \$185**

### EYELASH EXTENSION FILLERS

**45 minutes | \$100**

## A LA CARTE FITNESS

60 minute sessions.

### PERSONAL TRAINING

**SEMI-PRIVATE | \$150**

**PRIVATE | \$120**

### PILATES

**SEMI-PRIVATE | \$150**

**PRIVATE | \$120**

### YOGA

**SEMI-PRIVATE | \$150**

**PRIVATE | \$130**

**PRIVATE GROUP YOGA CLASS | \$225**

## THE RANCHO VALENCIA SUITE EXPERIENCE

### MIDDAY RENDEZVOUS

Champagne greets you in one of our sublime casitas. The experience begins with our signature C+C body scrub followed by a couples massage and a soothing bath soak for two. Complete with crudités and caviar, you'll feel relaxed and silky smooth for an afternoon spent together in the privacy of a suite.

**3.5 hours | \$1,200 for two**

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## THE BASICS

### IN ROOM SERVICES

Be pampered in the comfort of your casita with any choice of spa massage.

### RESERVATIONS

To get in touch with our spa concierge:

PHONE: 858.759.6490

EMAIL: spareservations@ranchovalencia.com

WEB: ranchovalencia.com/spareservations

### MINIMUM AGE REQUIREMENTS

Guests must be 16 years of age or older to receive massage & facial treatments, 14 years of age or older to receive nail treatments & 18 years of age or older to use the Fitness Center, spa pool, plunge pools, steam & sauna rooms.

### CANCELLATIONS

We kindly ask that cancellations & appointment changes be made by 7:00pm the day prior to your scheduled service(s) to avoid being charged in full. Cancellation policy may vary based on availability for group bookings.

### CHECK-IN

Please arrive a minimum of 30 minutes prior to your appointment start time & enjoy our spa facilities.

### LATE ARRIVALS

Please note that your late arrival will determine the length of your treatment. Your service will end on time so the next guest is not delayed. Thank you for your understanding.

### BATHING SUIT POLICY

Our pools, steam & sauna are co-ed so be sure to bring your swimsuit!

### CELL PHONES

To preserve the relaxing environment of The Spa, we request that you refrain from using your cell phone.

### GIFT CARDS

Spa gift cards are available at the resort, through Guest Services & on our website.

### GRATUITIES

Gratuities may be left at your discretion in appreciation for exceptional service. A 20% gratuity is customary.



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