

THE SPA AT RANCHO VALENCIA RESORT
World-Class Spa Embraces Southern California Climate
Offering Outdoor Sun Gardens, Pools and Natural Botanicals

RANCHO SANTA FE, Calif. – Set in the idyllic valley of Rancho Santa Fe, Calif., The Spa at Rancho Valencia is a desirable destination to refresh, restore and renew oneself. Drawing from the natural bounty of the region, including avocado and grape seed and natural healing agents from the ocean, the Spa at Rancho Valencia offers an expansive spa menu of results-oriented skin care, facial, body and sensual couples treatments.

Upon entering this oasis, guests are invited to partake in a paradise for the senses and free themselves from the stresses of the world. Walking through the 10,000 square-foot retreat, one is warmly drawn in by the tranquility of the décor, Italian fountains, pools, and treatment rooms.

“The hand-crafted European tiles laid throughout, attention to architectural detail and overall beauty of the spa has set it apart from anything in the area,” said Beverley Matthews, general manager of Rancho Valencia. “People come to us for the high quality of the technicians and results-oriented treatments that we offer here at the Spa at Rancho Valencia Resort. It is truly a world-class destination for mind and body wellness.”

The spa embraces Southern California’s famous year-round warm climate and sits on a 2.5-acre site featuring outdoor elements including three therapeutic pools (hot, warm and cold), a Watsu therapy/massage pool, a lap pool, sauna and steam rooms, and private sun gardens. Indoor amenities include ten beautifully tiled and vibrant treatment rooms with private patios; five feature deep soaking tubs. Two couple’s rooms include fireplaces, private patios, outdoor showers and tubs for two.

Guests can choose from an extensive treatment menu ranging from body therapies to water wellness with luxurious ingredients, pure essential oils and healing benefits from the sea that are integrated into all of the facial and body therapies. Unique treatments include:

- **Vichy Valencia:** Guests can relax on a massage table in the signature steamy Vichy rain room and enjoy a full body hydrotherapy shower followed by a cleansing and exfoliating process with a fresh citrus body wash.
- **Maximum Firming Collagen Facial:** This exquisite 75-minute facial is infused with an extensive combination of vitamins, minerals and antioxidants to boost the bio-synthesis of collagen which repairs and rebuilds your skin. This healing facial will nourish, plump, firm and tone.

- **Valencia Romancia:** This three-hour treatment begins with an outdoor bath for two in a private garden suite while enjoying fresh blood orange mimosas. A sensual body oil is also prepared and shared during the Valencia Hot Stone Massage. This romantic journey is topped off with a rejuvenating foot treatment and a lavender and lemon verbena hair and scalp conditioning treatment.
- **Rosemary Drench:** This stimulating 60-minute glycolic peel is designed for removing tired skin cells that inhibit absorption. After a nice shower, an enzyme rich, vitamin protein complex with antioxidants and rosemary will be massaged into the body ensuring moist smooth skin for days to come.

Other popular treatments include 30-minute add on exfoliations and wraps such as the *Tangerine Tango*, *Green Tea & Avocado Body Hydration*, and *Seaside Secrets*. A proprietary line of shampoo, conditioner, lotion, hand-crafted soap and bath and body oil will be infused with nature's bounty and include citrus extracts such as orange blossom and tangerine. Popular spa lines, Mary Cohr, Somme, and Epicuren are used in treatments.

Exercise enthusiasts can enjoy a state-of-the-art fitness center offering the latest in wellness workouts, including yoga, Pilates (private Reformer Sessions and group mat classes will be available) and spinning. Each of the cardio machines has personal televisions with DVD players attached. Personal trainers are also available upon request.

The spa is available to resort guests, residents of the resort's private residence club (the Villas at Rancho Valencia) and residents of Rancho Santa Fe and neighboring communities. For more information or to make reservations, call 858.759.6490 or visit www.ranchovalencia.com.

About Rancho Valencia

Set in the idyllic valley of Rancho Santa Fe, Calif., Rancho Valencia features 49 luxuriously appointed suites, each with a fireplace and private garden terrace, an award-winning tennis program, a spa and playing privileges at three nearby golf courses. The resort is a member of the prestigious Relais & Châteaux collection and is the only Relais & Châteaux property in Southern California. Rancho Valencia consistently has been ranked as a favorite North American resort by readers of *Tennis* magazine, who ranked Rancho Valencia the No. 1 Tennis Resort in the U.S., *Wine Spectator*, *Andrew Harper's Hideaway Report* and *Travel + Leisure*.

For more information about Rancho Valencia, please visit www.RanchoValencia.com or call (800) 548-3664.

About Auberge Resorts

Auberge Resorts is a collection of exceptional hotels, resorts and private clubs, each with a unique personality that assures a memorable guest experience. Among the distinctive properties are Auberge du Soleil, Napa Valley; Esperanza, Cabo San Lucas; Calistoga Ranch, Napa Valley; The Inn at Palmetto Bluff, South Carolina; Encantado, Santa Fe; Rancho Valencia Resort and Spa, Rancho Santa Fe, Calif., with several others currently in development. While Auberge Resorts nurtures the individuality of each establishment, all are characterized by a set of communal elements: intimate, understated elegance; captivating locations that inspire exceptional cuisine and spa experiences; and gracious yet unobtrusive service. For more information about Auberge Resorts, please visit www.aubergeresorts.com.

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