

# RANCH & COAST

SAN DIEGO'S ULTIMATE LIFESTYLE MAGAZINE

MARCH 2010



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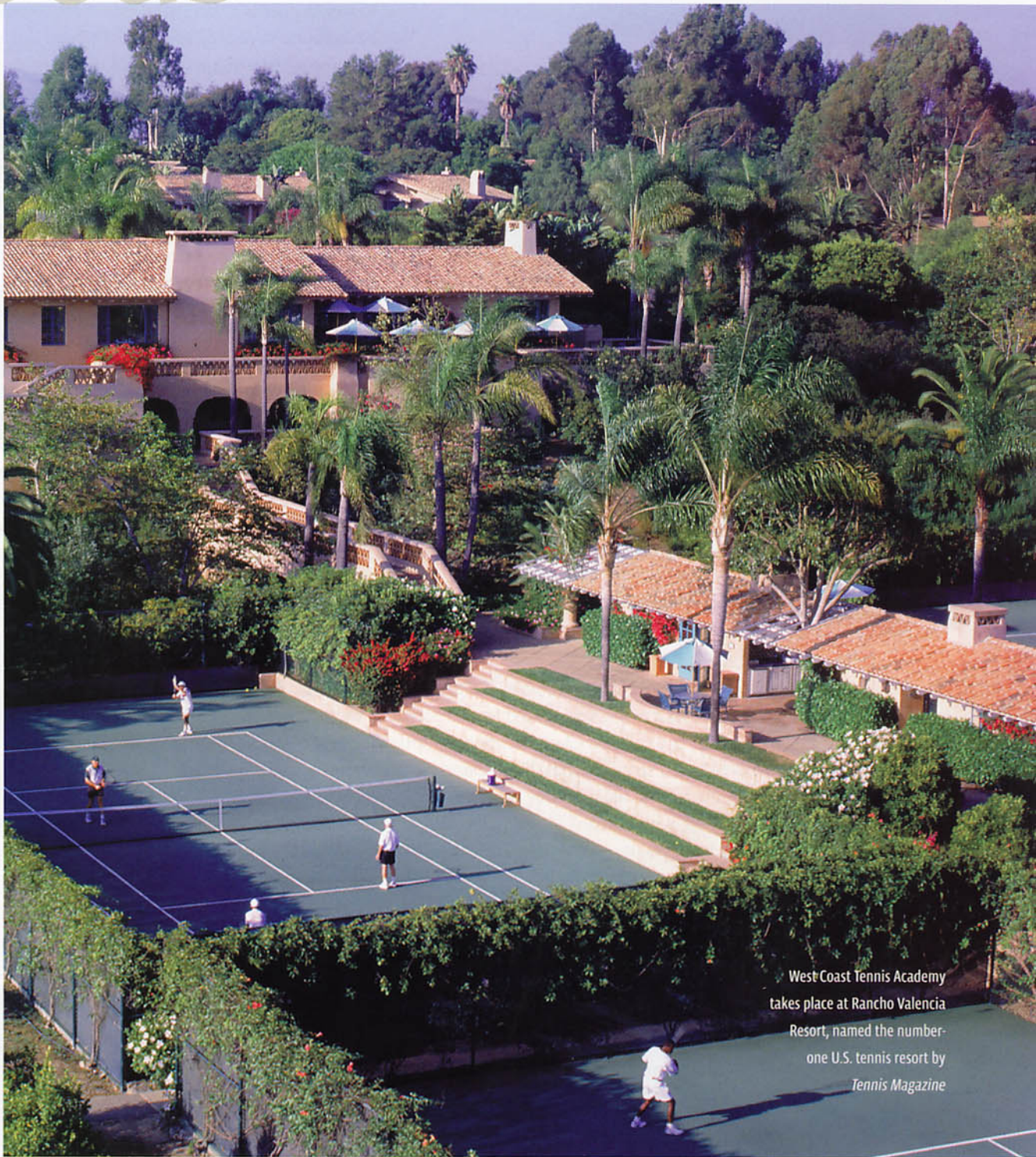
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West Coast Tennis Academy takes place at Rancho Valencia Resort, named the number-one U.S. tennis resort by *Tennis Magazine*

**Tennis For Tykes And Teens** Rancho Valencia Resort has partnered with Andy and Paige Farmer's West Coast Tennis Academy to teach children tennis through a system that develops both athletic skills and confidence. Racket Rascals, for kids ages 4.5-6, offers an incentive program to reward players as they learn the basics. Racketeer, for ages 7-9, introduces the correct grips, techniques, and rules. The Junior Workouts program, for those participating in tournaments and on JV teams, is geared towards perfecting skills for competition. Lastly, the Invitational Workout and Fitness Program is for highly-skilled juniors ranked in the top 150 in their age group. (760/212-6772, [www.ranchovalencia.com](http://www.ranchovalencia.com)) JANE SHIOMI