



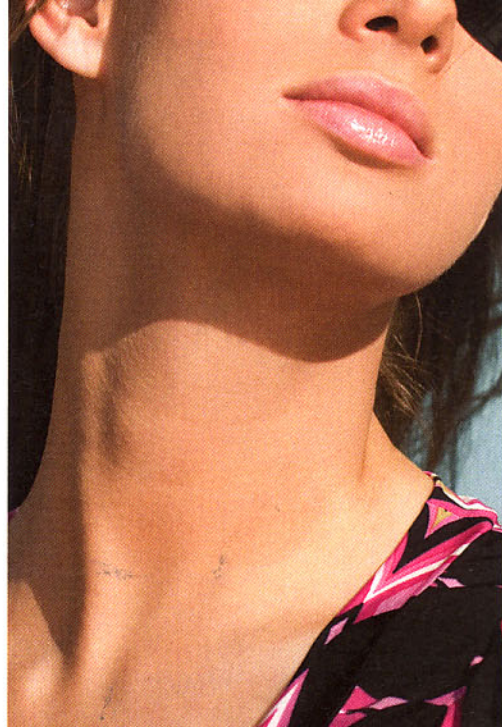
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SOUTHWESTERN SERENITY

THE SPA AT ENCANTADO (SANTA FE, NM)

absolutely avocado body therapy

For a fresh, locally grown treat, guests at **The Spa at Rancho Valencia** (Rancho Santa Fe, CA) can nourish their bodies with the Absolutely Avocado Body Therapy (\$100, 30 minutes; \$150, 60 minutes). After a thorough dry brushing, the therapist applies a specially prepared mask made of avocado pulp, jojoba oil, and six drops of Tara Spa Therapy's Grapefruit, Pink Essential Oil to the entire body. The guest is then wrapped in warm sheets and blankets. While the guest is cozily cocooned, the therapist applies a blend of avocado oil, jojoba oil, and Tara Spa Therapy's Rosemary Essential Oil to the hair and scalp and performs a soothing scalp massage. The guest is then unwrapped and directed to the shower to rinse off the moisturizing mixture, leaving the skin soft and hydrated. For Tara Spa Therapy products: (866) 224-1391; www.taraspa.com.—*Heather Mikesell*



BIOELEMENTS' V-NECK FIRMING MASK TREATMENT

As any good skincare professional knows, a décolleté covered in fine lines and wrinkles can be the fastest way to reveal a client's true age. But with the help of Bioelements' V-Neck Firming Mask Treatment (\$10, 15 minutes) at **Laura Lanes Skin Care** (Salem, MA), an anti-aging add-on to any facial, youthful and more radiant skin is quickly revealed. Perfect for any client who is concerned with loss of elasticity, lines, wrinkles, and rough texture on the neck and chest, this micro-treatment is designed to instantly firm and tighten sagging skin. First, V-Neck Firming Mask is applied with a brush using upward strokes from the cleavage, over the chest, and up to the jaw line, and a skin type-specific Bioelements mask is applied to the face. The masks are allowed to penetrate for 10 minutes, and steamed towels are placed upon the chest and face and are then used to remove the masks. The client's face, neck, and chest are then spritzed with Power Peptide, a skin type-specific moisturizer and sunscreen is applied, and it's up to her—and not her neck—to divulge her actual age. For Bioelements products: (800) 433-6650; www.bioelements.com.—*J.K.*

