

C *weddings*

CALIFORNIA STYLE

FIVE EXQUISITE OUTDOOR CEREMONIES

- * *Sonoma*
- * *Carmel Valley*
- * *Brentwood*
- * *Malibu*
- * *Jalama Canyon*

PLUS *The ultimate
destination wedding*

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Gifts in Golden
State Style

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A Dazzling Rainbow
of Ruby, Emerald and
Sapphire Rings

The Most Incredible Day

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FAVORS, FLORALS, DESSERT TABLES, TIARAS,
TROUSSEAUS AND HONEYMOONS

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beauty

Couples Therapy

Top California spas prescribe the ultimate remedies for pre-wedding jitters



SOLAGE CALISTOGA
Melt into the Mellow Me Out lava-coconut, full-body exfoliation with a massage, plus a botanical hair renewal treatment. Or the Have it all Facial, with oxygen treatment and collagen-boosting DermaLucent light, ends head to toe with a decadent foot rub. solagecalistoga.com.

PELICAN HILL, NEWPORT COAST
Based on royal Balinese bridal treatments, the Lulur Italiano commences with a Jamu massage to increase circulation. A sugar-based scrub with exotic flowers softens skin before a bath, and a Swedish massage. pelicanhill.com.



RANCHO VALENCIA, RANCHO SANTA FE Invigorate with the Rosemary Drench, a 60-minute, peppermint-scented glycolic body peel, shower and herbal massage. Try a Maximum Firming Collagen Facial that uses micro-current technology for a toning, "pilates for the face" effect. Finally, a Seaside Secrets body wrap draws from the deep with a seaweed cocoon. ranchovalencia.com.



CALISTOGA RANCH
Start with The Restoration—a mineral-salt body scrub and plunge into a soothing mudbath—then breathe in the eucalyptus and bay laurel oils used in the Classic Ranch Massage. calistogaranch.com.

COLD FEET CURES

The Fairmont, Sonoma Watsu floating massage and a Chardonnay-Olive Oil sugar scrub. **Rosewood Sand Hill, Menlo Park** Gold Rush Renewal sugar scrub infused with 24-karat gold. **Ojai Valley Inn & Spa** Personal Mandala class to provide insights before the big day. **Ventana Inn & Spa, Big Sur** Ocean Salt Exfoliation body scrub and astrology readings. **Four Seasons Biltmore, Santa Barbara** Rosehip and Olive Body Wrap.