



RANCHO VALENCIA  
An Auberge Resort

MEMBER NEWSLETTER

MAY 2011

**NEW MEMBERS**

# Welcome!

**NEW CLUB MEMBERS:**

**Bruno Wolfenzon**

**Skip and Maureen Coomber**

**NEW TENNIS MEMBERS:**

**Yelena Skatchuo** Yelena is just learning to play tennis and is energetic and eager...the word from the Pros is she will be ready for matches soon... You go, Yelena!

**Anna Mae Tan** Anna Mae is jumping ship from another club and is looking forward to competing with our Rancho Valencia Ladies in League play... Watch out all, we have another "Hot One!"

**FROM THE COURTS**

# Tennis News from John

John Delille, Tennis Director

I hope everyone had a good Easter! Spring is wrapping up and summer is just around the corner. We have lots of fun times ahead on the courts. Please try to join us for the ladies member/guest tournament that has been rescheduled for May 13th. And in the coming months we are looking forward to the men's doubles championships in June and the all time favorite, Wimbledon tournament in July. We are thrilled to have added many new members since January. Please welcome them and show them that famous Rancho Valencia warmth.

## SINGLES PLAYERS WANTED!

We have plenty of house guests who are always looking for games. Men, women and kids of all levels who are interested in being added into our system for singles play please call the Pro Shop.

## WHOSE CALL?

As I was playing with a tennis member a few days ago an interesting situation came about. The member hit a drop shot which was pretty good but being the fastest guy in the club (over 50) I tried to get to it. I hit the ball JUST before it bounced that second time and flipped it over the net, my opponent didn't think I got it in time and hit his next shot into the net. He says I didn't get it in time. I said I did. Whose call is it?

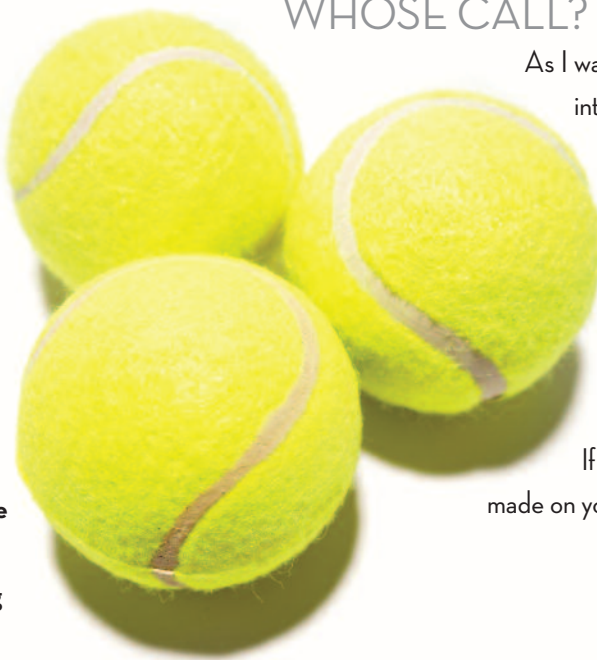
If you answered "my call" you are correct! Shots made on your side of the net are your call.

(more on page 2)



**A FRIENDLY REMINDER...**

A friendly reminder to all that the resort speed limit is 19mph. Please be courteous in observing this speed throughout the resort.



**FROM THE COURTS****FIT TO HIT**

We're excited to share that the episode of "Fit to Hit" featuring Rancho Valencia will be airing the week of May 8 on Tennis Channel! The episode will premiere Sunday and will have multiple airings throughout the week. The episode includes Rancho Valencia and our very own pro Robin White!

**ABOUT TENNIS CHANNEL'S FIT TO HIT:**

Fit to Hit takes you inside the world of sports nutrition and fitness to uncover the many secrets that can give even the weekend player that winning edge. Host Danielle Dotzenrod, a tennis junkie but relative newcomer to the game, visits with renowned trainers and some of the greatest tennis minds from all over the country to show you how to become Fit to Hit. If you're looking to improve your game, Fit to Hit cannot be missed.

Find more information about the show [here](#).

**TENNIS TIP FROM JOHN**

In tennis the net is the place you want to be but not too close to the net. Give yourself some distance between you and the net to give yourself reaction time...don't have your nose hanging over the net. This will make the "put-away volley" easier for you!

**See you on the courts!**

**GENERAL RESORT****Responsible Luxury**

On Earth Day we held various employee rallies that included Earth friendly education, discussion and awareness! Employees received reusable shopping bags and refillable water bottles to help eliminate the use of plastic shopping bags and disposable bottles that end up in our landfills.

In addition, we established a carpool buddies program to help connect employees that would like to drive or ride in a carpool to work. Our office staff has been challenged to shut down computers and turn off office lights when away at lunch or meetings and we asked all computer users to be conscientious about printing only if absolutely necessary. Rancho Valencia and Auberge Resorts is committed to making green efforts a daily part of our work environment.

**RESORT HAPPENINGS****MOTHER'S DAY BRUNCH**

Sunday, May 8, 10am-3pm. \$75++ adults, \$25++ kids 11 & under. Reservations required, call (858) 759-6216. **More Information**

**WINE DOWN WEDNESDAYS**

Enjoy 1/2 off selected bottles of wine! Wednesdays, 11am-10pm. **More Information**

**FOUR Cs THURSDAYS**

Play a game of Croquet and enjoy Cheese, Charcuterie & Cocktails. Thursdays, 5pm-7pm. **More Information**

**SWEET SUNDAYS**

Sunday Brunch featuring House-made Crepes and Donuts. Sundays, 11am-2:30pm. **More Information**

**LADIES MEMBER/GUEST TENNIS TOURNAMENT**

Friday, May 13, 9am-12pm. For information, call the Pro Shop, (858) 759-6223

**INTRODUCTION TO WATSU MASSAGE**

Saturday, May 14, 10am-2pm. Reservations required, call (858) 759-6490.

**SAN DIEGUITO RIVER VALLEY CONSERVANCY**

Santa Ysabel Gorge Exploration Guided Hike. Sunday, May 15, 10am-3pm. Reservations required. **More Information**

**SAN DIEGUITO RIVER VALLEY CONSERVANCY**

Sustainable Plates, "Get the Dish on Fish." Thursday, May 26, 6-7:15pm. Reservations recommended. **More Information**

**SPRING JUNIOR TENNIS CLINICS**

Through June 17th, 2011. **More Information**

**FROM THE SPA**

# Watsu Massage

On Saturday, May 14th we will be providing an introduction to Watsu massage! We invite you to join us for a free 20 minute Watsu Massage trial. Float in warm water and receive a unique style of bodywork including light shiatsu and stretches which inspire deep relaxation—perfectly suited for expecting mothers. There are only eight slots available so be sure to call The Spa at (858) 759-6490 to reserve your space. Reservations are required.

**If the trial leaves you wanting more book a future Watsu appointment on the 14th and receive 30% off!**



# Apparatus Pilates Classes Now Open!

Whether you want to improve your posture, tennis game, golf swing, flexibility, mobility, or core strength, pilates is for you. We are currently accepting enrollment in both Private sessions, and our small group classes. Classes starting Monday, Wednesday, Friday at 9am and Saturday at 9am and 10am. To reserve a spot in one of our classes, or to schedule a private session, please call the Spa at (858) 759-6490.

# Raising the Barre

Sean Piazza, Fitness Consultant

We are excited to announce the addition of Barre to our lineup of fitness classes. Barre class is an intense, hour long class that combines the fat burning and cardio benefits of ballet, with the toning and slimming benefits of Pilates. Set to energizing music, and utilizing small movements, low weights, and a ballet barre, Barre classes shape and sculpt the body quickly and safely.

- Group Classes:** \$50 per hour
- Private Session:** \$100 per hour
- Semi-Private Session:** \$130 per hour

Rancho Valencia Club Members receive their 20% off member benefit. Purchase a series of 10 sessions and receive one complimentary class!

**MOTHER'S DAY IS MAY 8!**

# A Special Gift

Show mom just how much you love her by giving her a Rancho Valencia gift card! Custom-packaged gift cards are redeemable for reservations, dining, at the spa, and throughout the resort and can be purchased in any domination. Purchase online <http://www.ranchovalencia.com/resort/gift-certificates> or by calling 800.548.3664

# Mother's Day Brunch

Join us for Mother's Day Brunch on Sunday, May 8 from 10am to 3pm. A spectacular brunch menu featuring a sumptuous buffet featuring egg dishes of every variety, pancake and waffle station, chilled seafood, beautifully prepared local produce, charcuterie and carving station, house-made breads and sweets, live music by **GipsyMenco** and a special gift for mothers. \$75 adults, \$25 kids (11 & under).



# Spa Time

**Reserve a Spa Day!** Mothers and daughters can share the love by booking any two treatments together to get 20% off each service during the month of May!

We love moms so much we are offering a steal of a deal! Book a 30 minute deep cleansing Mama Mia Facial on Sunday, May 8 and take a Mia Clarisonic home. \$199 (A \$275 value, while supplies last)

**FROM THE KITCHEN**

# Chocolate Chip Cookies

May is National BBQ Month and our Rancho Valencia Chocolate Chip Cookie recipe is the perfect addition to summer BBQs!



**Ingredients:**

Butter	1.6 oz	All purpose Flour	4 C
Brown Sugar	3 C	Salt	2.25 t
Milk	4.5 T	Baking Soda	.5 T
Vanilla Paste	2.25 T	Chocolate Chunks	2.25 C
Egg	2		

**Directions:**

Cream butter and sugar. Add milk, vanilla paste & eggs and mix until combined. Add all dry ingredients and combine well then add in chocolate chips and incorporate. Scoop small balls onto cookie sheet and bake at 350 degrees for 8-10 minutes.

**FROM THE BAR**



# Tickled Pink

We have added raventos i blanc de nit to our wine list! Fine bubbles lift the yeasty brioche aroma from the glass. The barest whiff of strawberry aroma adds context to the dry, crisp, pinpoint precise style that raventos i blanc is known for.

Winery notes: raventos i blanc is a true pioneer of cava production (this family winery was making sparkling wine before the name cava existed). A perfect wine to enjoy with a salad at lunch, as a sundowner on the terrace or whilst mulling over the menu at dinner!