

# LIFEWELLNESS INSTITUTE

## WELLNESS SERVICES

Wellness Collective members receive 15% off of the following services offered by Lifewellness Institute.

### **LIFECHECK COMPREHENSIVE PHYSICAL**

A comprehensive physical that provides patients with a thorough health assessment and evaluation of current health status, lifestyle trends, and risk of future disease.

- A five-and-a-half hour comprehensive wellness exam (lunch included)
- USB drive containing results
- A “business plan for your health” with action items and deliverables
- Lab test screening, advanced lipid testing, vitamin levels and inflammation & genetic markers
- Ultrasound screening for thyroid and cardiovascular disease
- Fitness evaluation including VO2 max testing, resting and exercise EKG
- Bone density and body composition DXA scan
- Individualized nutritional recommendations from a registered dietitian

Pricing | **\$2700**

### **LIFECHECK PLUS UPGRADED PHYSICAL**

The Lifecheck+ program pairs the Lifecheck comprehensive exam with remote access to the Lifewellness experts for consults, advocacy, coaching and concierge medical coordination. This program is perfect for the busy patient who wants to know their health status yearly and needs quick access to medical experts on an as needed basis.

- Comprehensive exam as with Lifecheck
- Phone and email access to the Lifewellness medical team
- Prescription refills
- Referrals to best-doctor specialists in your area that have been vetted by our medical team
- Concierge medical advocacy when issues arise
- Ability to order needed tests from afar and discuss the results with our medical team

Pricing | **\$3700**

### **A LA CARTE SERVICES**

Office Hours with Dr. Lee | **\$295**

Fitness Assessment | **\$265**

Nutrition Consult | **\$265**